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CONTINUING LEGAL EDUCATION



# **5** reasons to create a **video** advance directive



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Advance Care Planning and COVID-19



PRACTICE TIP • May 2020

David Godfrey, American Bar Association Commission on Law and Aging



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## cases on ADs cases on wills

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### Why wills?



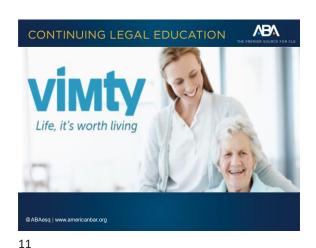
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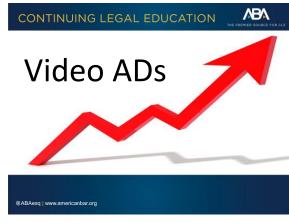
THE PREMIES SOURCE FOR CLE

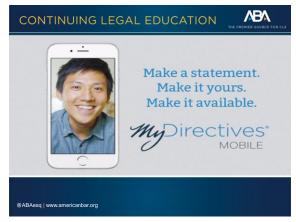
WIDEO

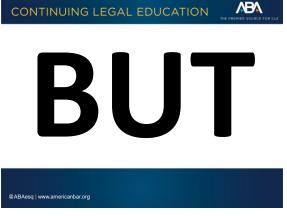
My Informed Decision
on Video

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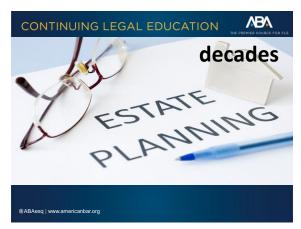


More experience with video wills than video ADs



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# Wills & ADs analogous

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## Used to call ADs "living wills"

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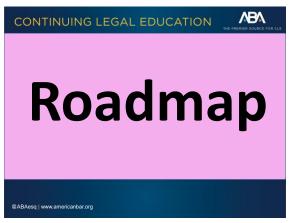
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Want wishes **followed** when cannot speak

- property
- health care

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# 5 benefits of video

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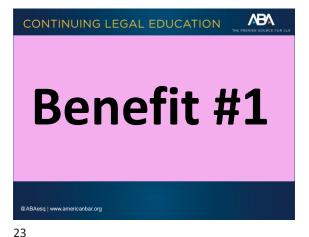
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## Assure accurate interpretation

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## Demonstrate Validity

**Capacity Voluntary** 

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#### **Assure compliance**

Risk management benefit for lawyer

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## Validity

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# Claim that patient lacked capacity to complete AD

### Case 1





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October 16

AD names
new agent

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Later in time

ADs revoke

earlier ADs

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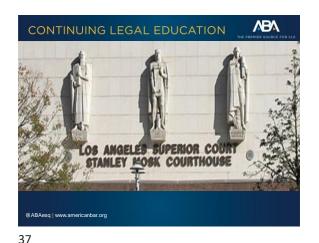


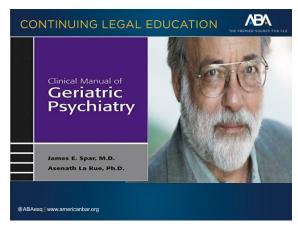
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THE POLISHER SOURCE FOR CLE

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"not appear ...
confused about his
wishes or the reasons
for his wishes"

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Case 2

"alert"

"composed"

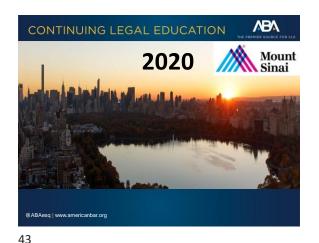


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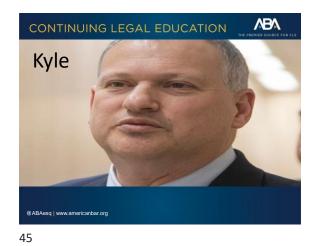
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Wanted stop
life-sustaining Tx

per 1991 AD

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Mom executed new advance directive in Nov. 2019

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THE PREMIER SOURCE FOR CLE

**New AD** 

"continue LST"

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Lator in time

Later in time ADs revoke earlier ADs

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BUT

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Is the new AD valid?

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Did Arline have capacity to complete?

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### Case 3



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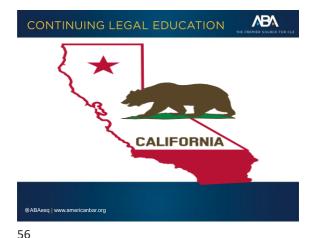


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by challenging his mother's capacity

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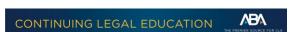
### Case 4



61



63



"clear beyond
peradventure ... knew &
understood perfectly well
what she was signing"



65



62



"strong, robust mental capacity and faculties"



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## Upshot

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#### Videos help prove capacity



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## Validity



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Validity requires not

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Someone claims patient coerced to sign AD



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### Case 1





73

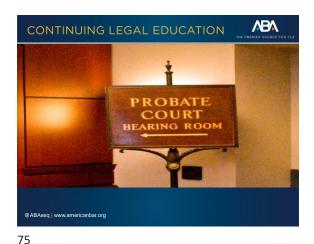
77

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Testator left estate to "caregiver" instead of children



74



"serious step ...

to disinherit
his children"

76





78





"particularly the Video,

revealed that no one was forcing Chris to do anything he did not want"



79



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Videos help prove

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**AD validity** 

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#### CONTINUING LEGAL EDUCATION THE PRESENT SOURCE FOR CLE

### Case 2



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## Upshot

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Capacity
Voluntariness

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Videos also help prove

**AD** meaning

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### Meaning

What did the patient want?



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> Did she want it under these circumstances?

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TRIAD VIII: Nationwide Multicenter Evaluation to Determine Whether Patient Video Testimonials Can Safely Help Ensure Appropriate Critical Versus End-of-Life Care

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**NBA** 

Ferdinando L. Mirarchi, DO, FACEP,\* Timothy E. Cooney, MS,\* Arvind Venkat, MD, FACEP,† David Wang, MD, † Thaddeus M. Pope, JD, PhD, § Abra L. Fant, MD, | Stanley A. Terman, PhD, MD, ¶

J Patient Saf 2017;13: 51–61 @ABAesq | www.americanbar.org

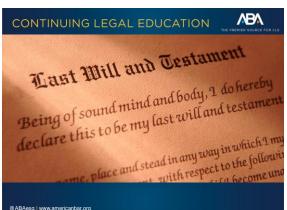
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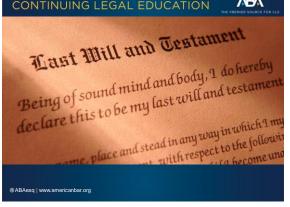
### Case 1



91



93

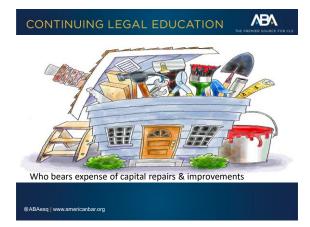


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### Case 2



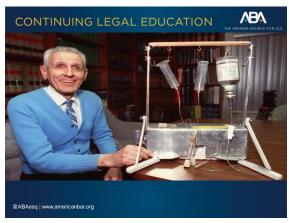
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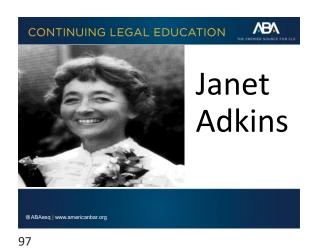


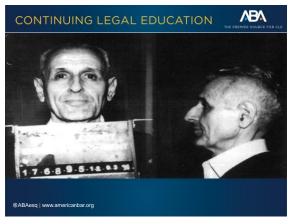
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**ABA** 

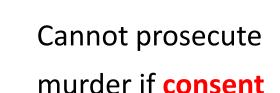
**ABA** 





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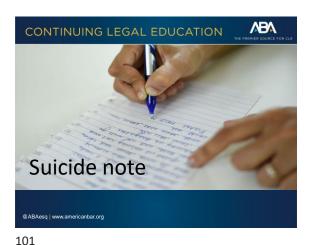


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"This is a decision taken in a normal state of mind and is freely considered."

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"I have Alzheimer's disease and I don't want it to progress any further. I don't want to put myself or my family through any more of this terrible disease."

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#### More unusual

Want to "see & hear" the patient

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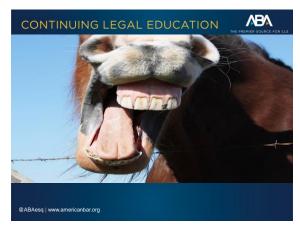


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2022

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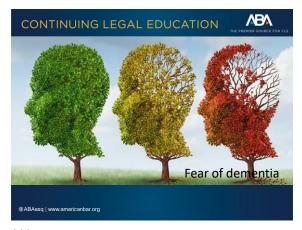
### Dementia directives

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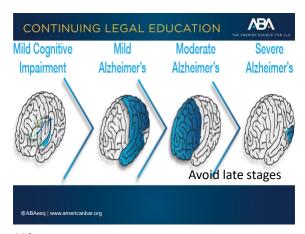
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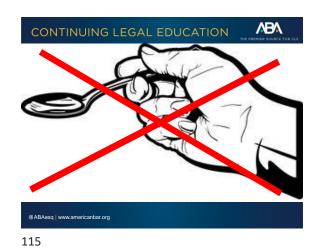
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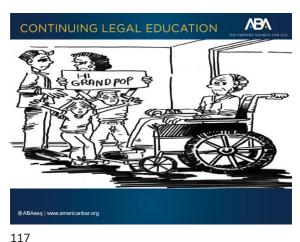
CONTINUING LEGAL EDUCATION THE SECRET SOURCE FOR CA.

## At point

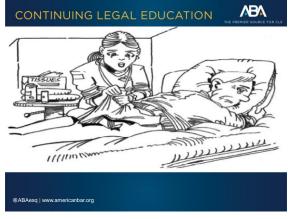
#### Pt specifies

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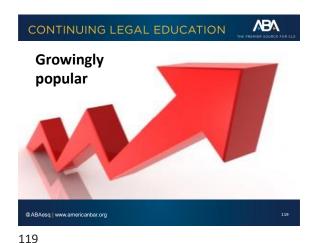
116



тт/



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**ABA** CONTINUING LEGAL EDUCATION A Piece of My Mind **588** JAMA, February 28, 1996—Vol 275, No. 8 My Living Will basic of comfort and nutritional care. Even a detailed living will I, William Arthur Hensel, being of sound mind, desire that my life not be prolonged by extraordinary means if my conthat includes the refusal of all active treatments such as cardiodition is determined to be terminal and incurable. I am pulmonary resuscitation, antibiotics, artificial nutrition, and hyaware and understand that this writing authorizes a physidration may be inadequate in such a situation. I do not want to cian to withhold or discontinue extraordinary means. become a vacant-looking body, reflexively swallowing food and @ABAesq | www.americanbar.org



#### Last 4 years

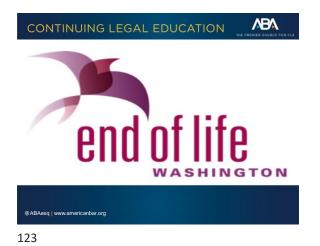


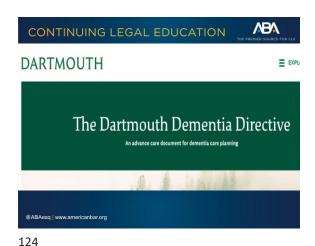
ABOUT THE ADVANCE DIRECTIVE FOR RECEIVING ORAL FOOD AND FLUIDS IN DEMENTIA

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Dementia Provision

Advance Directive Addendum

Care and Choice at the End of Life

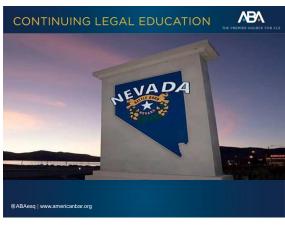
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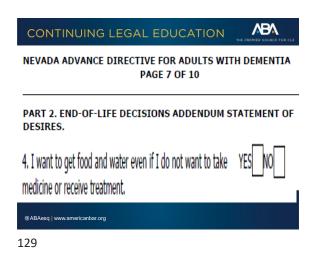
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## "did she really mean that"









# Assure compliance

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Pt wants more than caregivers know her wishes

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Not enough for patient to convey what she wanted

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Patient wants them to follow her wishes

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Video may convey no new **information** (wishes, capacity)

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But makes family more willing to accept

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ASSESSMENT
OF OLDER ADULTS
WITH DIMINISHED CAPACITIES
2nd Edition

WARRENGE CONTROL

WARRENG CONTROL

WARRENGE CONTROL

WARRENGE CONTROL

WARRENGE CONTROL

CONTINUING LEGAL EDUCATION THE FRIENDS SOURCE FOR CLEA

Emotion Facial cues<br/>Inflection Intonation<br/>Body language

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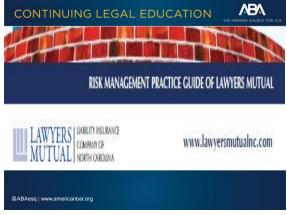
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# Risk management



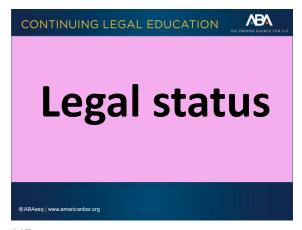
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reasons to create a **video** advance directive





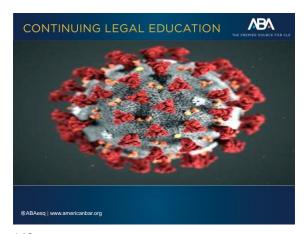






# 2 last points









Can a video

"be" an advance
directive?

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"Any authentic expression of a person's wishes ... should be honored."

Idaho Code 39-4509

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CONTINUING LEGAL EDUCATION THE SHEFTER SOURCE FOR CL

BUT

Generally, a video is **not** an AD

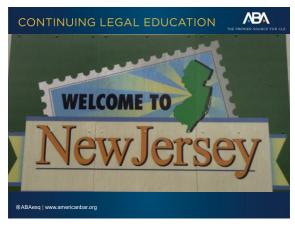
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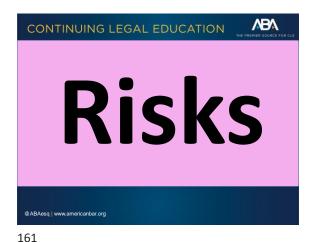
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"An advance directive may be supplemented by a video or audio tape recording."



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### Supplement not supplant

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While video offers benefits, there are risks

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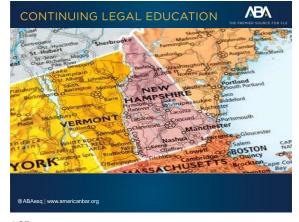
#### Video might show

#### lack capacity

## Case 1



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2009 will



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#### 2012 will





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Beneficiaries in the 2009 will challenge the 2012 will



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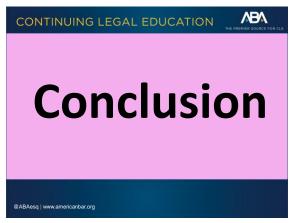


Video used to

#### invalidate



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# Value of video

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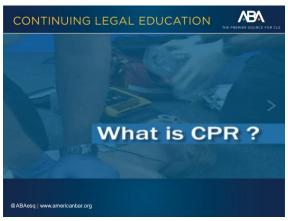
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We **already** use videos in ACP



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Prove validity
Clarify meaning
Assure compliance

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#### Clinician → patient



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Cancer patients who watched the video were less likely to opt for CPR

No to CPR | ves to CPR | Uncertain |
Source: Volandes et al. Randomised Controlled Trial of a Video Decision Support Tool for CPR

No to CPR | ves to CPR | Uncertain |
Source: Volandes et al. Randomised Controlled Trial of a Video Decision Subgent Andrée Cinéric (Journal of Profession Making in Advanced Cinéric (Journal of

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We use videos for communication from clinician to patient



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# Videos also aid communication from patient to clinician

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### Thank you

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- B medicalfutility.blogspot.com

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