

Medical Aid in Dying: Law & Ethics for Minnesota

Minnesota Coalition for Death
Education and Support
(September 29, 2017)

Thaddeus M. Pope, JD, PhD
Mitchell Hamline School of Law

Medical Aid in Dying (MAiD)— Lessons Learned in **Oregon and Colorado**



Biography



Advance Directives & POLST
Hastening Death – VSED
Hastening Death - MAID
Medical Futility
Surrogate Decision Making
Right to Die & UMT
Brain Death & Organ Donation
Conscience Based Objections
Healthcare Ethics Committees

THE RIGHT TO DIE

The Law of End-of-Life Decisionmaking

Third Edition

Alan Meisel
Kathy L. Cerminara
Thaddeus M. Pope



The NEW ENGLAND JOURNAL of MEDICINE

JAMA[®]
The Journal of the American Medical Association

AMERICAN THORACIC SOCIETY
1905
ATS

AMERICAN COLLEGE OF CHEST PHYSICIANS[®]

Disclosures

The New York Times

The Opinion Pages
ROOM for DEBATE

Oregon Shows That Assisted Suicide Can Work Sensibly and Fairly



Thaddeus Mason Pope is the director of the Health Law Institute at Hamline University, and a frequent legal commentator and blogger on end-of-life medical issues.

UPDATED OCTOBER 7, 2014, 12:39 PM

Opinion

VIEWPOINT

The Changing Legal Climate for Physician Aid in Dying

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Hill Center for Law and Health, Indiana University
Robert H. McKinney School of Law, Indianapolis

Thaddeus Mason Pope, JD, PhD
Health Law Institute, Hamline University
School of Law, St Paul, Minnesota

Ben A. Rich, JD, PhD
School of Medicine, University of California Davis School of Medicine, Sacramento

While once widely rejected as a health care option, physician aid in dying is receiving increased recognition as a response to the suffering of patients at the end of life. With aid in dying, a physician writes a prescription for life-ending medication for an eligible patient. Following the recommendation of the American Public Health Association, the term *aid in dying* rather than "assisted suicide" is used to describe the practice.¹ In this Viewpoint, we describe the changing legal climate for physician aid in dying occurring in several states (Table).

Voters in Oregon and Washington have legalized aid in dying by public referendum, legislators in Vermont have done so by statutory enactment, and courts in Montana and New Mexico have done so by judicial rulings. Support for aid in dying is increasing, and it would not be surprising to see voters, legislators, or courts in other states approve the practice. Indeed, in their 2014

advance directive statute in California,² courts and legislators concluded that patients may reject their physicians' treatment recommendations even when treatment is necessary to prolong life.

Recognition of the right to refuse life-sustaining care reflected a societal consensus that people should be able to decline treatment when they are suffering greatly from irreversible and severe illness. In such cases, the burdens of continued treatment may easily outweigh the benefits, and people should not be forced to endure a prolonged and undignified dying process.³ What is critical about the right is the desire to protect seriously ill people from intolerable suffering.

How is it possible to decide when someone's illness is serious enough that treatment can be refused? The Quinlan case concluded that the right to refuse life-sustaining treatment should exist when the patient's prognosis becomes very grim.⁴



VOLUME 19, NUMBER 3 MARCH 2016 ISSN: 1096-9216

JOURNAL OF Palliative Medicine

CONTENT HIGHLIGHTS

Making the Case for Palliative Care at the System Level: Outcomes Data
S. Steinhauser, K.M. Hilden, L.J. Dixon, D.M. Thompson, J.B. Ward, J. Parniani, S. Simonowitz, J.B. Fink, R.C. Zimm, J.B. Carlin, and A.D. Bhanu

Clinical Criteria for Physician Aid in Dying
D. Orentlicher, T.M. Pope, and B.A. Rich, Physician Aid in Dying Clinical Criteria Committee

End-of-Life Cancer Care Temporal Association between Homecare Nursing and Hospitalizations
H. Song, B. Strathairn, G. McCreck, R. Fackler, R. Pinsky, B. Larson, J. Swann, J. Song, and L. Heston

Patient Home Visits: Measuring Outcomes of a Community Model for Palliative Care Education
J.A. Allen, D. Cavali, S. Cheng, S.K. Brady, A. Asher, and E. Brown

Provision of Services in Perinatal Palliative Care: A Multicenter Survey in the United States
C. Ward, D. Greenbaum, B. Perry-Bloch, E. Denney-Kudich, S. Kim, and K. Koenig

The Effect of Palliative Care Team Design on Referrals to Palliative Care
L. Kirk, H.E. Korten, and S.L. Brasse

Mary Ann Liebert, Inc. is a palliosera
www.tandertpub.com/jpm



Roadmap

3

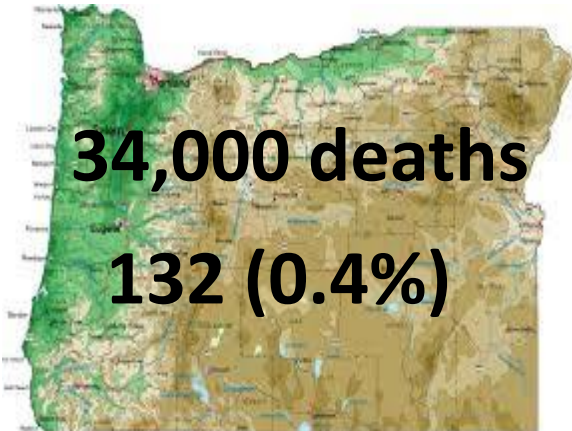
MAID in Minnesota
Dying in MN
Recent MN bills

Legalizing MAID
Why, what need
Paths elsewhere

2018 & beyond in MN
Safeguards to add
Safeguards to remove

2:45 -
4:00

Dying in
Minnesota



41,000 / year

Total MN deaths

CDC National Center for Health Statistics, *Deaths: Final Data for 2013*, 64(2) NATIONAL VITAL STATISTICS REPORTS (Feb. 16, 2016), http://www.cdc.gov/nchs/data/nvsr/nvsr64/nvsr64_02.pdf

182 / year

MN MAID deaths

99.6%
MN deaths
unaffected

41,000
182

40,818

Most **also** make
a deliberate
decision to
hasten death

Those dependent
on dialysis, vents,
CANH can hasten
their deaths

HIPAA PERMITS DISCLOSURE TO HEALTH CARE PROVIDERS AS NECESSARY FOR TREATMENT

MINNESOTA
Provider Orders for Life-Sustaining Treatment (POLST)

Follow these orders until orders change. These medical orders are based on the patient's current medical condition and preferences. Any section not completed does not invalidate the form and implies full treatment for that section. With significant change of condition new orders may need to be written. Patients should always be treated with dignity and respect.

LAST NAME _____ FIRST NAME _____ MIDDLE INITIAL _____
DATE OF BIRTH _____
PRIMARY MEDICAL CARE PROVIDER NAME _____ PRIMARY MEDICAL CARE PROVIDER PHONE (WITH AREA CODE) _____

A **CARDIOPULMONARY RESUSCITATION (CPR)** *Patient has no pulse and is not breathing.*

CHECK ONE Attempt Resuscitation / CPR. ← **NOTE: Selecting THIS...**
 Do Not Attempt Resuscitation / DNR (Allow Natural Death).

Not only
withholding &
withdrawing
LSMT



Palliative sedation to unconsciousness



**Equal
protection**

Persons similarly
situated should
be treated alike

Every day, terminally ill
patients in Minnesota
hasten their deaths by
withholding or
withdrawing treatment

**Every 30
minutes**

But some patients have no treatment to turn off or refuse

MAID gives these terminally ill, competent, adult patients the freedom to accelerate their imminent death.

Legalization in MN

2017

02/09/17 REVISOR SGS/CC 17-1700 as introduced

SENATE
STATE OF MINNESOTA
NINETIETH SESSION

S.F. No. 1572

(SENATE AUTHORS: EATON, Klein, Marty, Dibble and Latz)

DATE	D-PG	OFFICIAL STATUS
02/27/2017	806	Introduction and first reading Referred to Health and Human Services Finance and Policy



Sen. Chris Eaton



02/09/17 REVISOR SGS/CC 17-1700

This Document can be made available in alternative formats upon request

State of Minnesota

HOUSE OF REPRESENTATIVES

NINETEETH SESSION

H. F. No. 1885

03/01/2017 Authored by Freiberg, Lieblich, Lesch, Schultz, Sundin and others
The bill was read for the first time and referred to the Committee on Health and Human Services Reform



- | | | |
|-----------|-----------|----------|
| Lieblich | Hornstein | Hansen |
| Lesch | Dehn, R. | Lee |
| Schultz | Kunesh- | Loeffler |
| Sundin | Podein | Ward |
| Considine | Thissen | Bly |
| Slocum | Clark | Moran |
| Allen | Nelson | |



2016

02/17/15 REVISOR SGS/NB 15-2790 as introduced

SENATE
STATE OF MINNESOTA
EIGHTY-NINTH SESSION **S.F. No. 1880**

(SENATE AUTHORS: EATON, Pappas, Dibble, Marty and Goodwin)

DATE	D-PC	OFFICIAL STATUS
03/18/2015	972	Introduction and first reading
		Referred to Health, Human Services and Housing
03/25/2015	1318	Author added Goodwin



StarTribune

Doctor-assisted suicide proposal tabled after emotional hearing

Sen. Chris Eaton abruptly withdrew the measure in a hearing that drew hundreds of people and hours of wrenching testimony.

By Maya Rao Star Tribune | MARCH 17, 2016 — 10:26AM



MINNPOST



HOME POLITICS & POLICY HEALTH EDUCATION ENVIRONMENT ARTS & CULTURE BUSIN

POLITICS & POLICY

Historic election puts Republicans in control of Minnesota House and Senate

By Briana Bierschbach and Greta Kaul | 11/09/16 [Email](#) [Share](#) [Tweet](#) [Print](#)



Better prospects

1



MINNESOTA
MEDICAL
ASSOCIATION

1991
Follow AMA

“Physicians **must not** . . . participate in assisted suicide. The societal risks . . . is too great to condone”

June 2016
to
April 2017



MMA BOARD OF TRUSTEES
PHYSICIAN-AID-IN-DYING
TASK FORCE
REPORT AND RECOMMENDATIONS

May
2017

“MMA will oppose any aid-in-dying legislation”

“MMA will oppose any aid-in-dying legislation **that fails** to adequately safeguard the interests of patients or physicians.”

Such **safeguards** include but are not limited to the following:

- Must not compel physicians or patients to participate . . . against their will
- Must require patient self-administration
- Must not permit patients lacking decisional capacity to utilize . . .
- Must require mental health referral of patients with a suspected psychological or psychiatric condition
- Must provide sufficient legal protection for physicians who choose to participate.

2

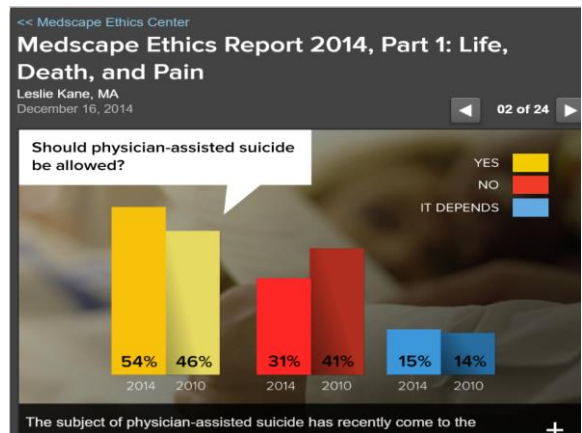
Track record
even longer

1998 → (20)
2008 → (10)
2013 → (5)
2015 → (3)

3

68% public
support AID

Gallup 2015





Like almost all
US bills, closely
modeled on
ODWDA

Politically safe

But ethically
questionable

Return at end

Why do we
need a statute
like these bills

**Need to
legalize**

**“Assisted
Suicide”
Laws**



Across USA, since
1800s, helping
someone commit
suicide is a **crime**



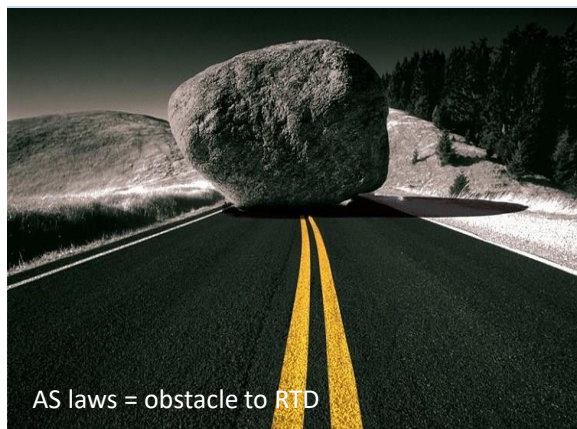
“assisted
suicide
prohibitions
are **deeply**
rooted in our
nation’s legal
history”



Minnesota Statutes
Chapter 609
Criminal Code

Minn. Stat.
609.215

“Whoever . . . **assists** another in taking the other’s life may be **sentenced** to . . . 15 years . . . \$30,000”



Right to die



1950s & 1960s

Mechanical ventilators

Dialysis

Feeding tubes



Karen
Quinlan
1976

>100
appellate
cases

Right to refuse
treatment
even if
life-sustaining



Nancy
Cruzan
1990



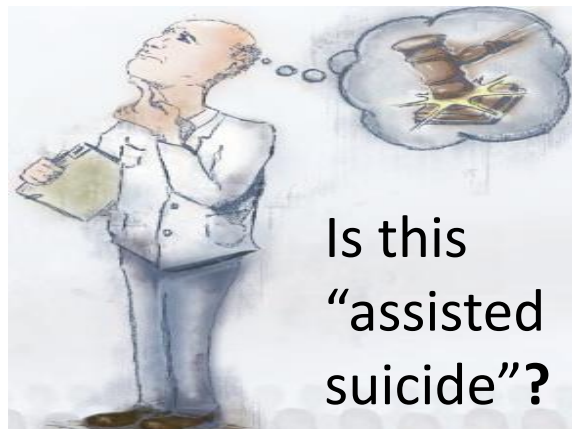
1993

MINNESOTA STATUTES 2012

145C.01

CHAPTER 145C
HEALTH CARE DIRECTIVES

145C.01	DEFINITIONS.	145C.09	REVOCATION OF HEALTH CARE DIRECTIVE.
145C.02	HEALTH CARE DIRECTIVE.	145C.10	PRESUMPTIONS.
145C.03	REQUIREMENTS.	145C.11	DOMICILES.
145C.04	EXECUTED IN ANOTHER STATE.	145C.12	PROHIBITED PRACTICES.
145C.05	SUGGESTED FORM; PROVISIONS THAT MAY BE INCLUDED.	145C.13	PENALTIES.
145C.06	WHEN EFFECTIVE.	145C.14	CERTAIN PRACTICES NOT CONDONED.
145C.07	AUTHORITY AND DUTIES OF HEALTH CARE AGENT.	145C.15	DUTY TO PROVIDE LIFE-SUSTAINING HEALTH CARE.
145C.08	AUTHORITY TO REVIEW MEDICAL RECORDS.	145C.16	SUGGESTED FORM.



Chill from
609.215

609.215(3)

“provider . . . who withholds or withdraws a life-sustaining procedure . . . does **not violate** this section”



MAID = AS

AS = felony

MAID = felony

Need to
legalize

103



Other
attempts
to legalize

Who **else**?
Where?
How?

Paths to MAID
legalization

7

Statutory Approaches

Ballot initiatives

Legislation

Litigation Approaches

Federal constitution

State constitution

Statutory interp.

Other Approaches

Limit prosecutorial
discretion

Jury nullification

Not covering “all”
law re MAID

Only **affirmative**
efforts to permit

Pathway 1

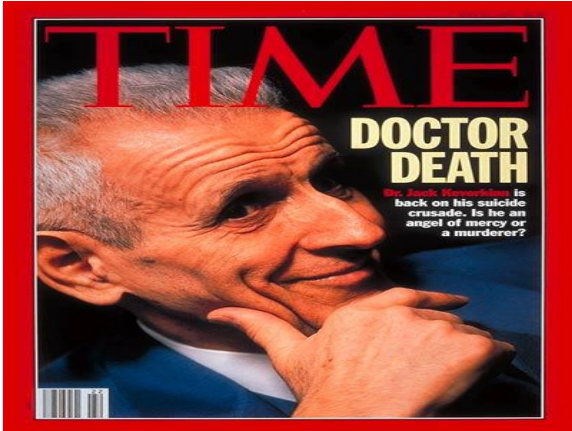
Litigation

US Constitution

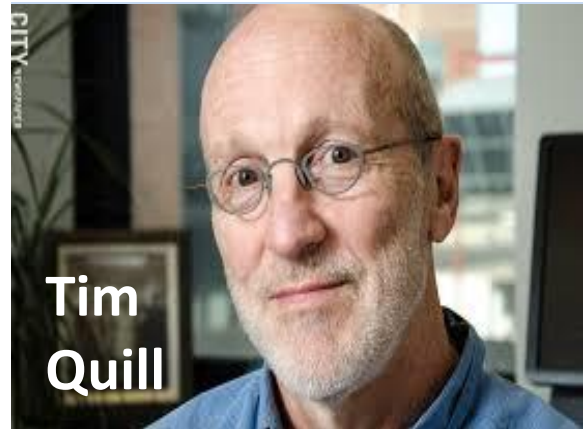
Due process

Equal protection

1st Amendment



D. Ore. (1994)	Y
9 th Cir. (1995)	N
9 th Cir. EB (1996)	Y
SCOTUS (1997)	N



NDNY (1994)	N
2d Cir. (1996)	Y
SCOTUS (1997)	N

>15

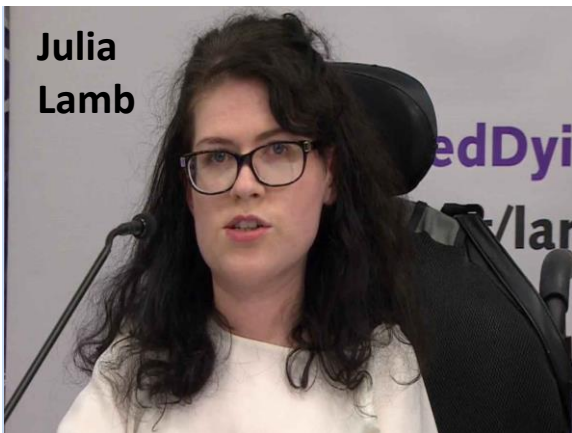
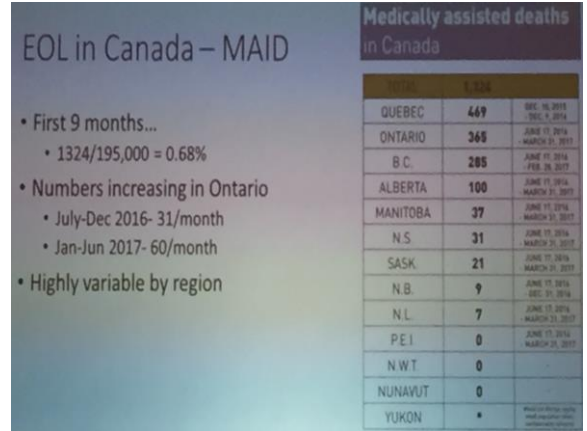
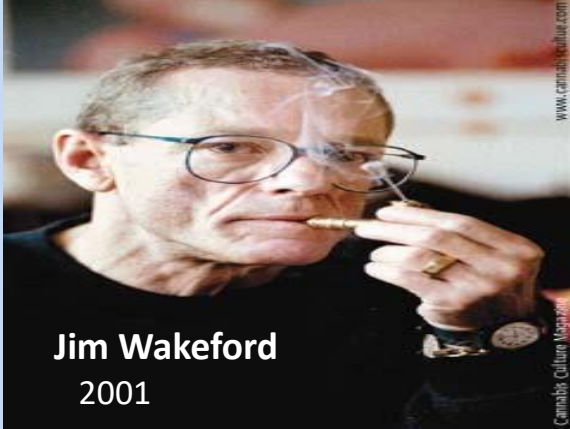
appellate judges

2d Cir + 9th en banc + 9th panel dissent + SCOTUS dissents + other



Federal constitutional rights in **other** countries





MINSALUD **TODOS POR UN NUEVO PAÍS** PAZ EQUIDAD EDUCACIÓN

Fecha actual: Domingo, 17 de septiembre de 2017 | Sign In

Search Todo Buscar

Mapa del sitio Funcionarios Zona Interactiva English Version

Inicio Ministerio Salud Protección social Normativa Servicios al ciudadano Transparencia

Centro de comunicaciones Normativa Resoluciones

Ministerio de Salud y Protección Social > Normativa Resoluciones

Tipo de Norma

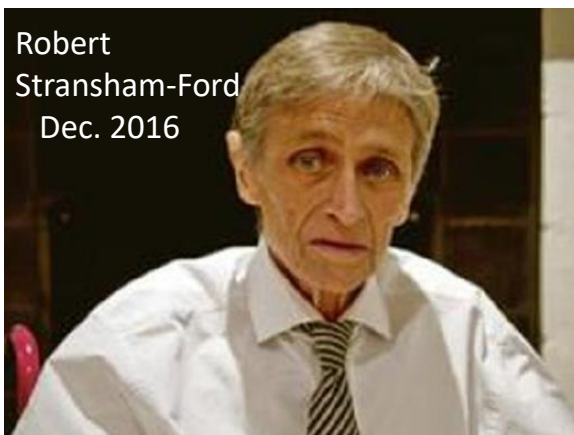
- Boletines jurídicos
- Actos administrativos
- Decretos
- Resoluciones**
- Circulares
- Notas externas
- Acuerdos

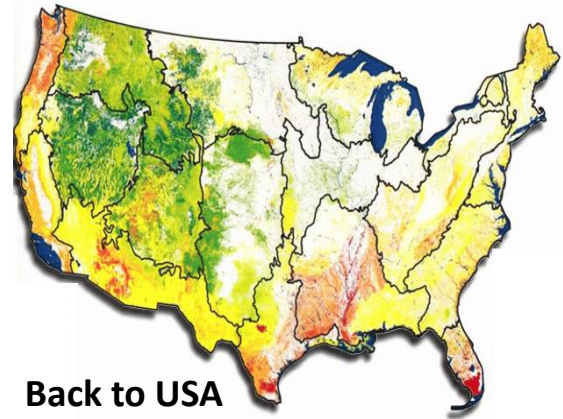
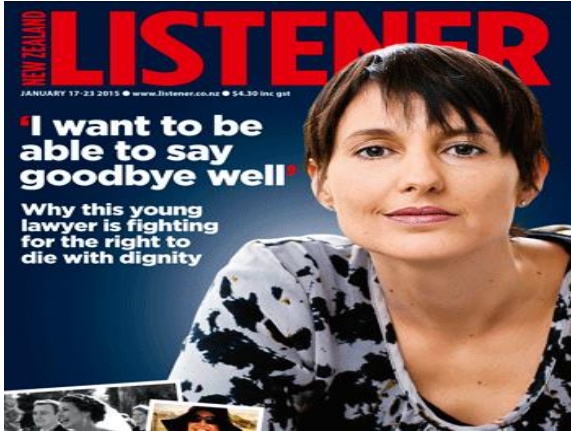
✓ Año	Name	Descripción
Año : 2017	(60)	
Año : 2016	(143)	
Año : 2015	(150)	
2015	Resolucion No. 5406	Por la cual se d lineamientos té

April 2015



BUT





No federal constitutional right



Focus to **states**



“[T]he . . . challenging task of crafting appropriate procedures for safeguarding . . . liberty interests is entrusted to the **laboratory of the States** . . .”

Problem

Legalize **both**
 euthanasia **and**
 medical aid in dying

MAID

Self ingestion
Patient takes the
 final overt act

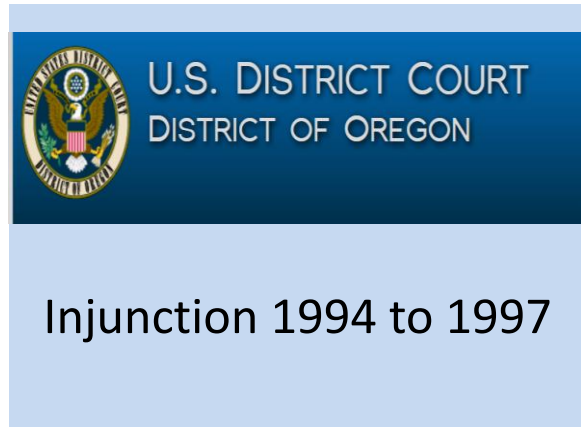
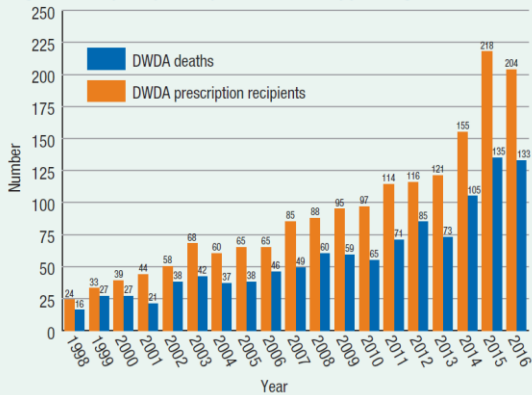
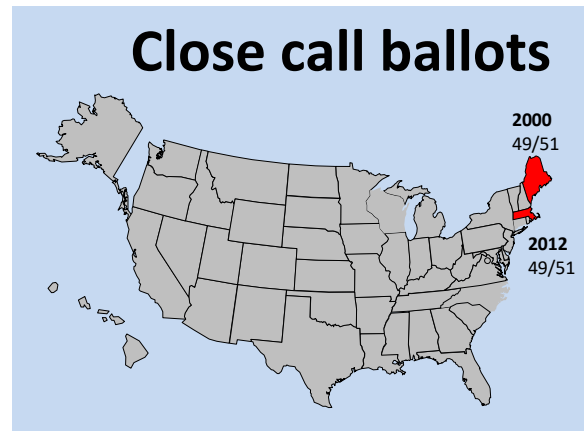
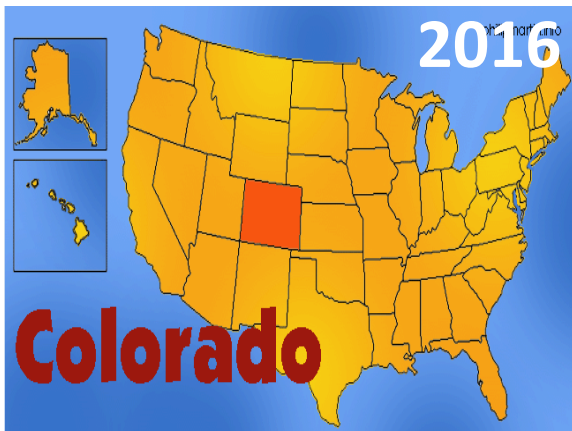


Figure 1: DWDA prescription recipients and deaths*, by year, Oregon, 1998–2016



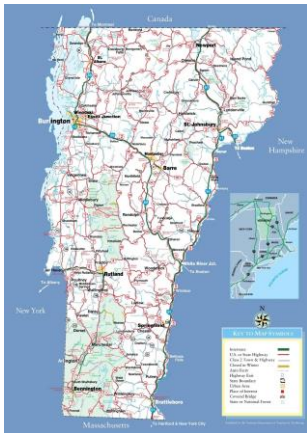
Characteristics	2016 (N=133)	1998–2015 (N=994)	Total (N=1,127)
Lethal medication			
Secobarbital (%)	86 (64.7)	582 (58.6)	668 (59.3)
Pentobarbital (%)	0 (0.0)	386 (38.8)	386 (34.3)
Phenobarbital (%)	39 (29.3)	17 (1.7)	56 (5.0)
Other (combination of above and/or morphine) (%)	8 (6.0)	9 (0.9)	17 (1.5)
End of life concerns⁴			
Losing autonomy (%)	119 (89.5)	906 (91.6)	1,025 (91.4)
Less able to engage in activities making life enjoyable (%)	119 (89.5)	888 (89.7)	1,007 (89.7)
Loss of dignity (%) ⁵	87 (65.4)	680 (78.8)	767 (77.0)
Losing control of bodily functions (%)	49 (36.8)	475 (48.1)	524 (46.8)
Burden on family, friends/caregivers (%)	65 (48.9)	408 (41.3)	473 (42.2)
Inadequate pain control or concern about it (%)	47 (35.3)	249 (25.2)	296 (26.4)

Track record
Documented
Solid





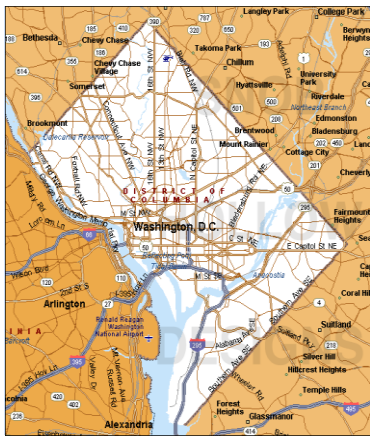
Legislation



**May
2013**



**Oct.
2015**



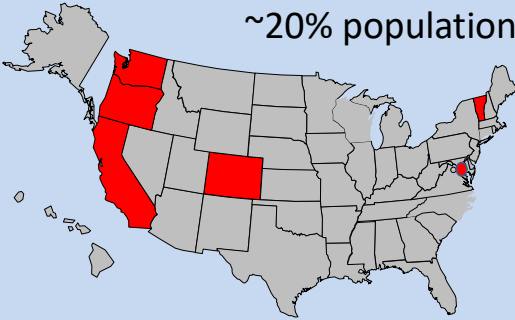
**Feb.
2017**

Enacted

3 initiatives

3 bills

6 statutes
~20% population



Statutes in
other
countries



Australian Government



115TH CONGRESS
1ST SESSION **H. CON. RES. 80**

Expressing the sense of the Congress that assisted suicide (sometimes referred to as death with dignity, end-of-life options, aid-in-dying, or similar phrases) puts everyone, including those most vulnerable, at risk of deadly harm and undermines the integrity of the health care system.

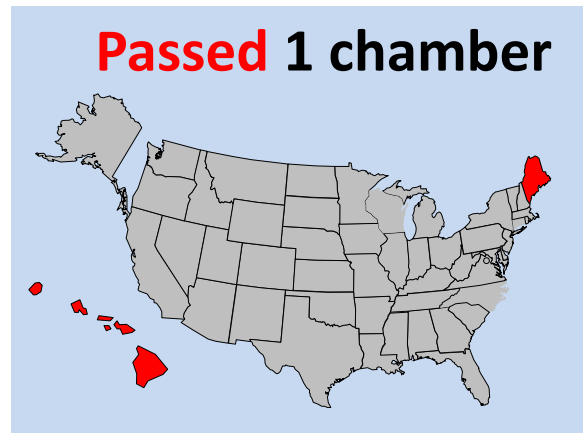
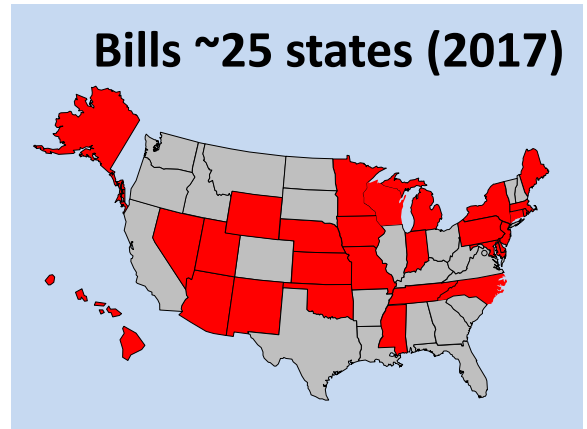
IN THE HOUSE OF REPRESENTATIVES

SEPTEMBER 26, 2017

M. WASHINGTON (C), M. M. GARDNER (M), M. WOODS (M), M. T. LAMBERT (M)



Ongoing



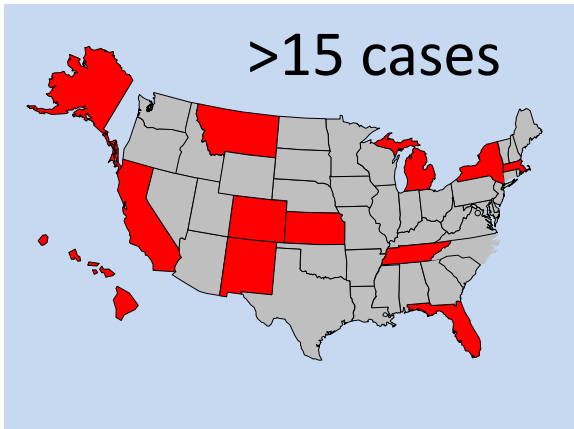


Pathway 4

Litigation

state constitution

182



No “lasting”

success

Trial court win

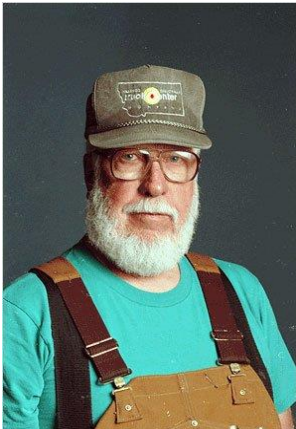
Appellate loss

3



Mclver
wins FL DCT

Reversed
FL SCT



Baxter
wins MT
DCT

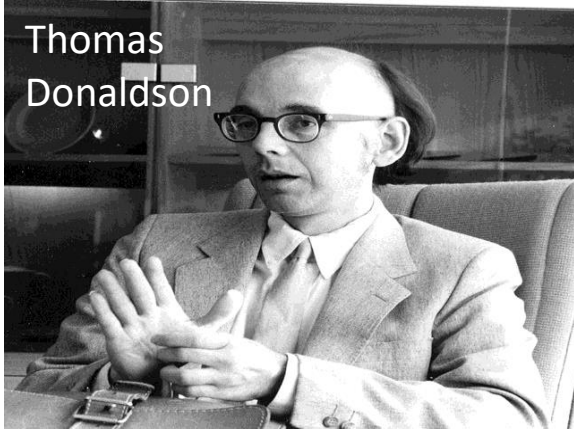
Not
reached
MT SCT

Trial court loss

Appellate loss

> 10

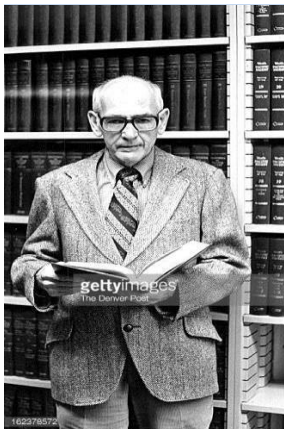
1992



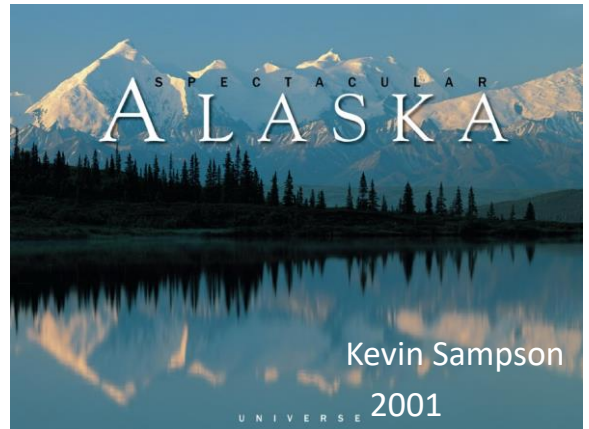
Thomas Donaldson



No CA right

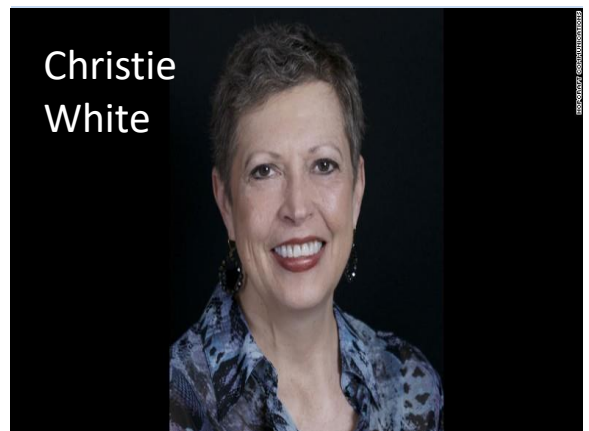


Robert Sanderson
Colo. 2000



Kevin Sampson
2001

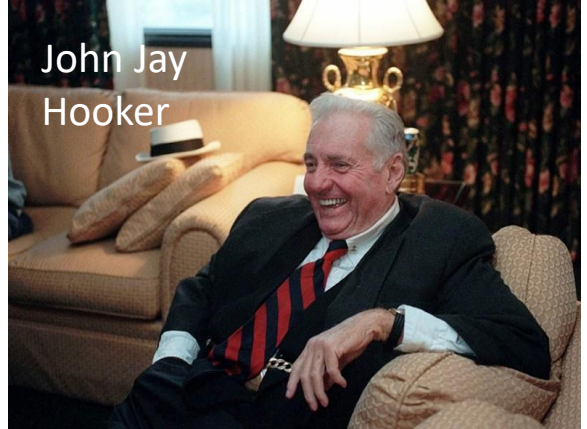
Most recently



Christie White



Christie
O'Donnell



John Jay
Hooker



Sara
Myers

State constitutional right

App. courts	0
Trial courts	3

App J's = 1 FL + 1NMApp + 2 MI + others

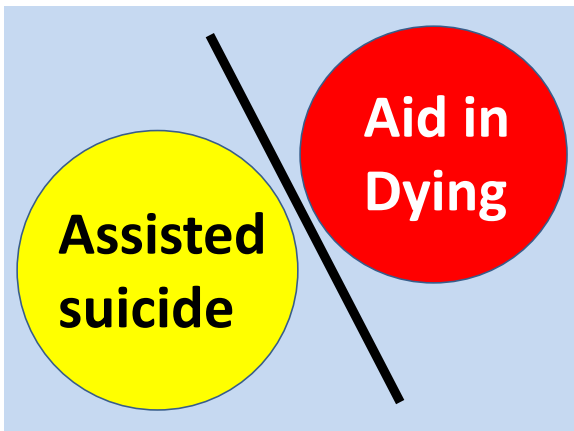
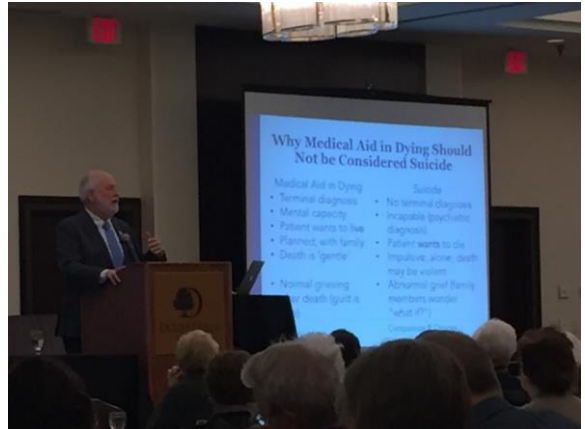
**Active
cases**



John
Radcliffe
HI



**Pathway 5
Litigation
State statute**





Aja
Riggs

MAID is **different**
But **still** legally
“assisted suicide”



Blick
CT

Often included with
state con. law claims
(e.g. NM, NY)
But **never** accepted



Lucretia
Seales
June 2015

BUT



~~MAID = AS~~

Mont. Code Ann. 45-2-211

“**consent** of the victim to conduct charged . . . is a **defense**”

AS statute not apply

Trial court 0

Appellate 1

Pathway 6

Limit

**prosecutorial
discretion**

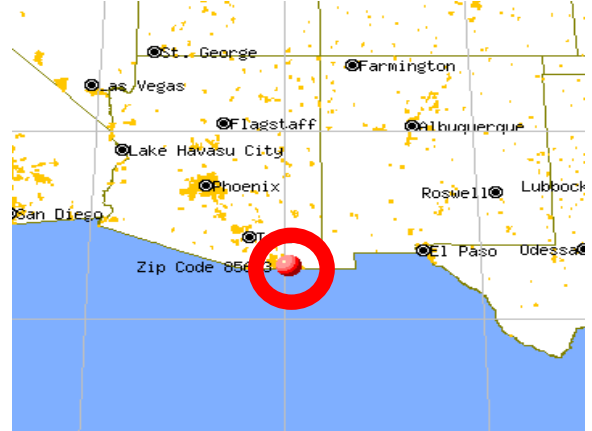
222

Not decriminalized

But **guidance** on
MAID without penalty



factors that will
influence whether
or not someone is
prosecuted for
assisting suicide



“urges **prosecutorial discretion** by the Cochise County Attorney in **de-prioritizing** cases . . . imminent death . . . intolerable suffering.”

Pathway 7

Jury nullification

Not decriminalized

But *de facto* immunity

The NEW ENGLAND JOURNAL of MEDICINE

SOUNDING BOARD

Death and Dignity — A Case of Individualized Decision Making

Timothy E. Quill, M.D.

N Engl J Med 1991; 324:691-694 | March 7, 1991 | DOI: 10.1056/NEJM199103073241010



7 pathways

237

**Set aside
3 pathways**

238

No *ex ante* guidance

Prosecutorial discretion

Jury nullification

239



	Succeed	Fail
Ballot	3	>7
Bill	3	>200
AS not apply	1	>5
State const.	0	15

Oregon model

Death is **not** always bad

Life is **not** always good

For many, the alternative to death is **worse**



Avoid
unwanted
life

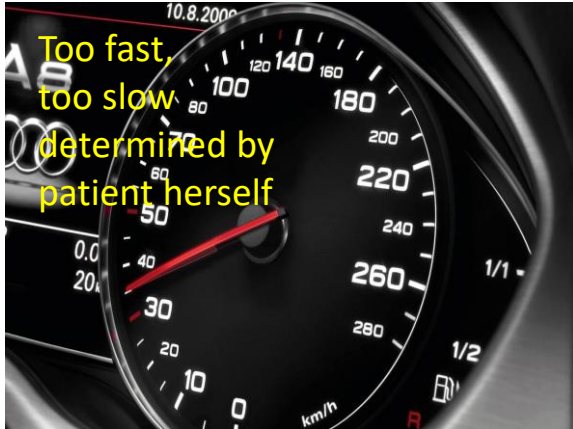
Even more
obviously

Avoid
unwanted
death

2 risks
to avoid

Dying
too fast

Dying
too slow



Preference
sensitive
Value laden

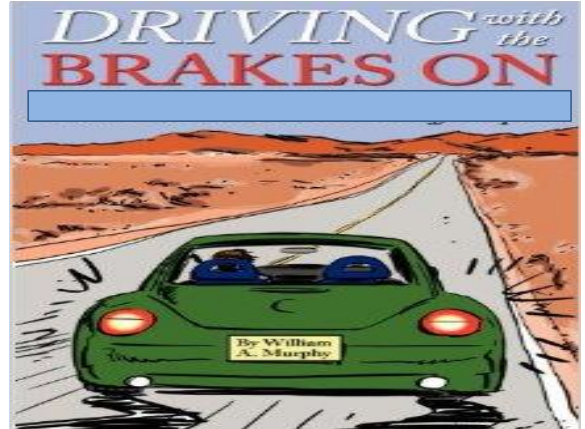
But ...

Safeguards to
reduce one risk
increase the
other risk



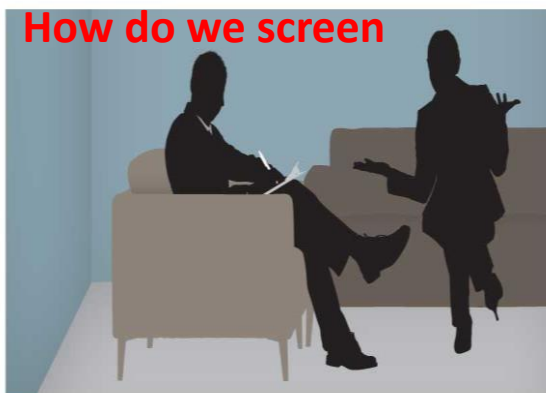
**Too
Fast**

Smaller
risk



1

“impaired
judgment ...
mental
disorder”



Mental health specialist
assessment **only if**
attending or consulting
physician determines
“indications of a mental
disorder”

Subd. 9. Medical determination on competency. (a) If, in the medical opinion of the attending physician or the consulting physician, a patient may be suffering from a psychiatric or psychological condition that is causing impaired judgment, either the attending or consulting physician shall refer the patient for counseling to determine whether the patient is capable of making and communicating an informed medical decision.

Rare



5/132
< 4%

QUT Law Review
Volume 16, Issue 1, pp 76-83.

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DOI: 10.5204/qutlr.v16i1.623

OHSU psychiatrist LEGALISED PHYSICIAN-ASSISTED DEATH IN OREGON

LINDA GANZINI*

VIEWPOINT The Challenge of New Legislation on Physician-Assisted Death

Linda Ganzini, MD, MPH
Department of Psychiatry, Oregon Health & Science University & VA Portland Health Care System, Portland.

By the end of 2016, more than 80 million people in the United States will live with a chronic condition requiring physician-assisted death. As such, this practice can no longer be considered a quirky experiment in a few states. With the passage of physician-assisted death legislation in 1994, when voters in Oregon approved a ballot measure, the Death With Dignity Act, allowing individuals to request and self-administer medication that a patient voluntarily self-administers. Oregon stood alone for 14 years until Washington (2008), Vermont (2013), and now California (2015) approved physician-assisted death. Data from Oregon show that physician-assisted death, from 0.6 in 1000 deaths in 1998 to 3 in 1000 deaths in 2014.¹ Concerns that legalization of physician-assisted death would undermine the availability of palliative care programs and target vulnerable groups, such as the elderly population, the uninsured, and the poor, have not been realized. In fact, in Oregon and Washington the availability of hospice and palliative care has expanded substantially, though the increased availability cannot necessarily be attributed to legalization of physician-assisted death.

Not screening
lots of impaired
judgment

Anthony L. Back, MD
Department of Medicine, University of Washington, Seattle.

VIEWPOINT

The Challenge of New Legislation on Physician-Assisted Death

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 Department of Medicine, University of Washington, Seattle.

Non-specialist not good at detecting when to refer

United States and Canada will live in a jurisdiction allowing physician-assisted death. As such, this practice can... The North American experience with physician-assisted death began in 1994, when voters in Oregon approved a measure that allowed a physician to prescribe a lethal dose of a medication that a patient voluntarily self-administers. Oregon was followed by Washington (2008), Vermont (2013), and now California (2015) approved... Data from Oregon show a modest increase in physician-assisted death, from 0.6 in 1000 deaths in 1998 to 3 in 1000 deaths in 2014.¹ Concerns that legalization of physician-assisted death would undermine efforts to develop and improve palliative care programs and target vulnerable groups, such as the elderly, poor, and disabled, have not been realized. In fact, in Oregon and Washington the availability of hospice and palliative care has expanded substantially, though the increased availability cannot necessarily be attributed to legalization of physician-

EOLO as enacted

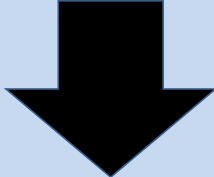


too **FAST** for some

272

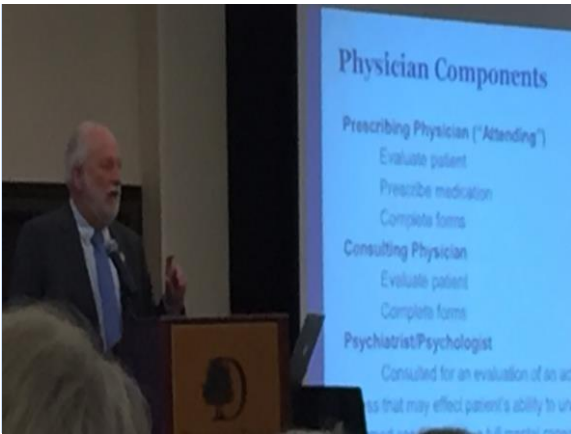
But ...

MHA always required



too **SLOW** for others

274



- Attending** physician determine
1. Adult
 2. Terminal illness
 3. Capable
 4. Making informed decision

Too Slow

SUPERIOR COURT OF THE STATE OF CALIFORNIA
CITY AND COUNTY OF SAN FRANCISCO

ROBERT BRODY, M.D.; MARC CONANT, M.D.; DONALD ABRAMS, M.D.; ROBERT LINER, M.D.; DANIEL M. SWANGAR, M.D.; JAMES WHITE; and ANGELICA BLOOM, M.D., <p style="text-align: center;">Plaintiffs,</p> <p style="text-align: center;">vs.</p> KAMALA D. HARRIS, in her official capacity as Attorney General of the State of California; GEORGE GASCÓN, in his official capacity as District Attorney for San Francisco County; and JACKIE LACEY, in her official capacity as District Attorney for Los Angeles County, <p style="text-align: center;">Defendants.</p>	Case No. CGC-15-544086 FILED WITH THE CLERK OF THE COURT OF THE SUPERIOR COURT OF CALIFORNIA, COUNTY OF SAN FRANCISCO IN OPPOSITION TO DEFENDANTS' DEMURRERS Date: January 28, 2016 Time: 9:30 a.m. Dept: 302 Judge: Hon. Ernest H. Goldsmith Trial Date: None Set Action Filed: February 11, 2015 Reserv. #: 06110128-08
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Challenges
constitutionality
of EOLO

MAID =
constitutional
right

EOLO
requirements
are **obstacles**

1

15 day
waiting
period

Undue burden

Abortion clinics open now



2

“Terminal illness”

final stage of an incurable and irreversible medical condition . . . death within **six months.**”



unbearable
suffering
(not necessarily
“terminal”)

3



Mature
minors

4

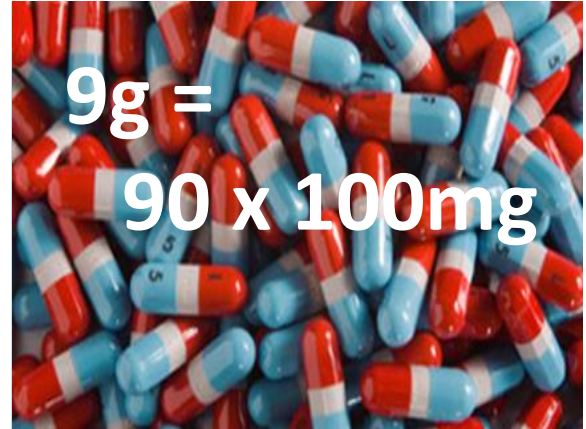


MAID = **self**-ingestion

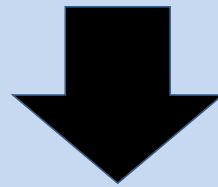
» Oregon Death
with Dignity Act

Data summary 2016

Complications ⁶	(N=133)	(N=994)	(N=1,127)
Difficulty ingesting/regurgitated	3	27	30
None	24	530	554
Unknown	106	437	543
Other outcomes			
Regained consciousness after ingesting DWDA medications ⁷	0	6	6



EOLO as enacted

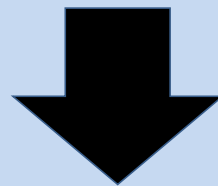


too **SLOW** for some

304

But ...

Remove safeguards



too **FAST** for others

306

5



 Minnesota Compassionate Care Act

Learn about the bill
Ask Questions
Show your support
Wear YELLOW

LISTENING SESSION
with Senator Chris Eaton

SATURDAY, JANUARY 30, 2016
1:00 - 3:00 P.M.

MINNESOTA SENATE BUILDING
(ROOM 1200)
95 UNIVERSITY AVE. W., ST. PAUL

MPRnews | Sections ▾ Members ▾ More ▾

Forums set on Minnesota bill to give terminally ill right to die

 Jon Collins · Jan 29, 2016

Politic

Most **common** question – by far?



Subd. 3. Request for medical aid in dying. (a) A request for medical aid in dying is made when a person who:

(1) is an adult;

(2) is capable;

(3) has been determined by the person's attending physician to have a terminal illness;

VSED

Voluntarily
Stopping
Eating &
Drinking

Define VSED

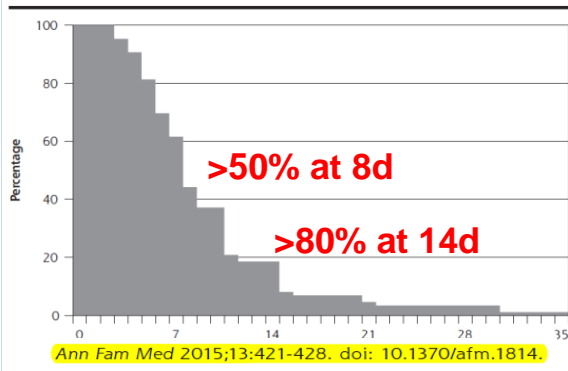
3

Physiologically
able to take food
& fluid by mouth

Voluntary,
deliberate
 decision to stop

Intent: death
 from dehydration

Figure 1. Cumulative survival curve for duration until death after start of VSED.



**Bad
 rap**



**Peaceful
 Comfortable**



The NEW ENGLAND JOURNAL of MEDICINE

SPECIAL ARTICLE

Nurses' Experiences with Hospice Patients Who Refuse Food and Fluids to Hasten Death

Linda Ganzini, M.D., M.P.H., Elizabeth R. Goy, Ph.D., Lois L. Miller, Ph.D., R.N., Theresa A. Harvath, R.N., Ph.D., Ann Jackson, M.B.A., and Molly A. Delorit, B.A.

>100 Oregon nurses cared for VSED patient

Most deaths:
“peaceful, with little suffering”

“opportunity for reflection, family interaction, and mourning”

Not for everyone

Preferred
by many



Even though MAID
available, **“almost
twice”** chose VSED

**Good
option**

Recognized as
healthcare by
medical
profession

More position
statements
(e.g. ANA,
IAHPC)

POSITION STATEMENT



JOURNAL OF PALLIATIVE MEDICINE
Volume 20, Number 1, 2017
Mary Ann Liebert, Inc.
DOI: 10.1089/jpm.2016.0280

Position Statement

Nutrition and Hydration at the End of Life

Effective Date: 2017
Status: Revised Position Statement
Written by: ANA Center for Ethics and Human Rights
Adopted by: ANA Board of Directors

International Association for Hospice
and Palliative Care Position Statement:
Euthanasia and Physician-Assisted Suicide

jamaonline.com



JAMA Internal Medicine

Nov. 6, 2017

More clinical
practice
guidelines



Caring for people who
consciously choose not
to eat and drink so as to
hasten the end of life



KNMG Royal Dutch Medical Association
and V&VN Dutch Nurses' Association Guide



COLLÈGE DES MÉDECINS
DU QUÉBEC

1

Complete AD, today

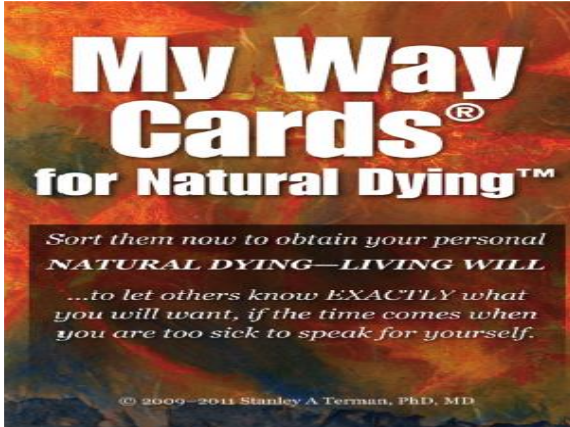


2

Direct VSED in
future

3

When reach point
you define as
intolerable



I cannot remember the important events of my life. If reminded, I don't know why they are important. [1.2]



I have severe pain. But I cannot say what bothers me.

Doctors don't see my pain. They do not treat my pain. [2.6]



When I see people in my close family or see my best friends, I do not know who they are.

[3.1]



4

You **lack** capacity at that time

PART 1: POWER OF ATTORNEY FOR HEALTH CARE

I revoke all prior advance health care directives and durable powers of attorney for health care signed by me. This document shall not be affected by my subsequent incapacity. I am not a patient in a skilled nursing facility, and I am not a conservatee.

1.1 NAME AND ADDRESS OF PRINCIPAL. My name and address are:

Nora R. Harris, 83 Arnold Drive, Novato, CA 94949

PART 2: INSTRUCTIONS FOR HEALTH CARE

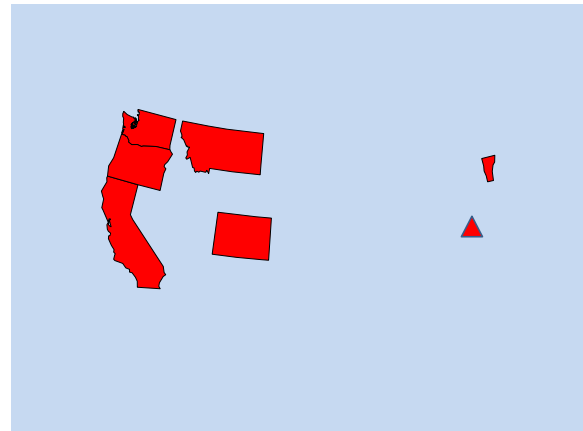
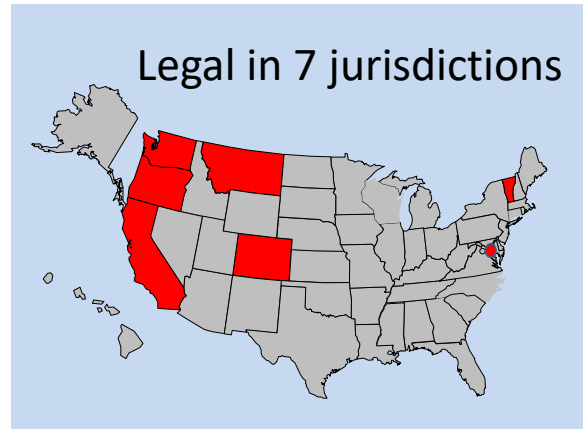
2.1 END-OF-LIFE DECISIONS. I direct that my health care providers and others involved in my care provide, withhold, or withdraw treatment in accordance with the choice I have marked below:

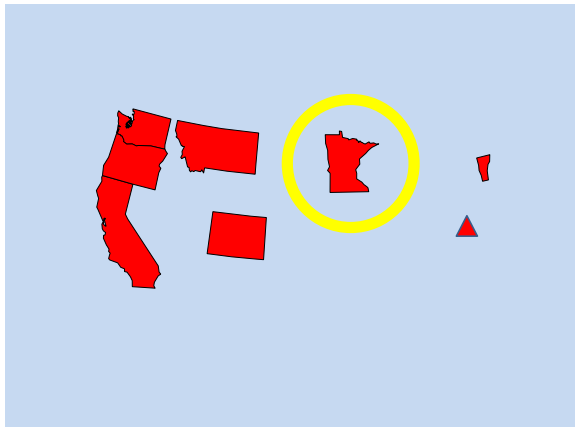
NRH a. I Choose **NOT To Prolong Life**. If I initial this line, I do not want my life to be prolonged and I do not want life-sustaining treatment to be provided or continued if any of the following conditions apply:

1. I am in a permanent and irreversible state which two qualified physicians who

Very detailed and specific

Conclusion





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