

# Providing MAID During COVID-19

## Ethical Issues

Thaddeus Mason Pope  
April 21, 2020

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# Disclosures

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**Not** a MAiD assessor or provider

**Not** a physician or NP

**Not** Canadian

**No** other disclosures

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## U.S. law professor

EOL law, policy, ethics

VSED, MAID

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Macro issues

Clinician- Pt issues

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# Macro issues

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## Medical assistance in dying services being cancelled in Ottawa, Hamilton areas

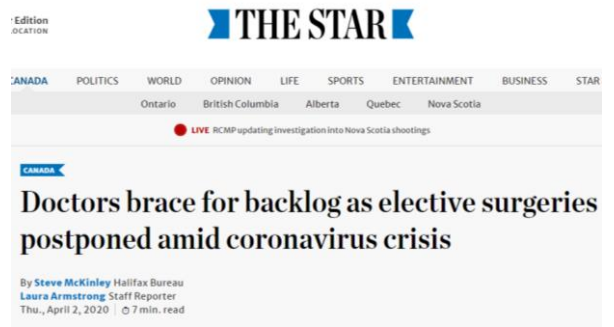
KELLY GRANT HEALTH REPORTER  
PUBLISHED MARCH 27, 2020



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Makes sense to **reallocate** resources to COVID-19

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“ramping down ... **non-emergent** clinical activity”

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# BUT

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Is MaiD really  
**non**-essential?

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“grievous &  
irremediable  
medical condition”

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“physical or  
psychological  
**suffering that is  
intolerable”**

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**3** solutions

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# 1

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## Early experience with medical assistance in dying in Ontario, Canada: a cohort study

James Downar MDMC MHSc, Robert A. Fowler MDCM MS(Epi), Roxanne Halko RN MPH, Larkin Davenport Huyer MPH, Andrea D. Hill PhD, Jennifer L. Gibson PhD

■ Cite as: *CMAJ* 2020 February 24;192:E173-81. doi: 10.1503/cmaj.200016; early-released February 12, 2020

“10-day reflection period was **shortened** in 26.6% of all cases.”

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# Others **can** wait

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# Some do not **want** to wait

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June 22, 2020

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Expand access by relaxing rules

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### Medical Assistance in Dying

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Professional Standard Regarding Medical Assistance in Dying (MAID)  
March 27, 2020 - AMENDMENT IN RESPONSE TO COVID-19

**Temporary Amendments to the College's MAID Standard**

In response to COVID-19, physicians are delivering virtual patient care by telephone, video technology and other platforms to reduce physical contact to a minimum when appropriate.

To help remove unintended barriers and to mitigate risk of infection to vulnerable populations, the NSGHA has recommended temporary changes regarding Medical Assistance in Dying. At its March 27<sup>th</sup>, 2020 meeting, the Council of the College of Physicians and Surgeons endorsed NSGHA's recommendations for the following temporary changes to the college's *Professional Standards Regarding Medical Assistance in Dying*.

Adherence to the College's standards and guidelines is the first lens through which a physician's conduct is viewed by the College. As such, physicians are

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“Allowing and/or encouraging **both** assessments of eligibility for MAiD to be **completed virtually**”

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**Reduces risks**

- Patient
- Clinician
- Those in contact with patient or clinician

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**Clinician/Pt issues**

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**Assess patient voluntariness**

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1000 – 1661 Portage Avenue  
Winnipeg, Manitoba R3J 3T7  
TEL: (204) 774-4344  
FAX: (204) 774-0750  
Website: www.cpsm.mb.ca

**Standards of Practice of Medicine**

Adopted by the Councilors of the College of Physicians and Surgeons of Manitoba pursuant to subsection 82(2) of *The Regulated Health Professions Act* and incorporated by reference into the College of Physicians and Surgeons of Manitoba Standards of Practice Regulation

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## II. Specific Requirements for Assessing Patient Eligibility for MAID

Federal legislation requires that to be **eligible for MAID**, the patient must meet all of the following criteria:

- a) be eligible for publicly funded health services in Canada
- b) be at least 18 years of age and capable of making decisions with respect to their health;
- c) have a grievous and irremediable medical condition (including an illness, disease or disability); and
- d) make a voluntary request for medical assistance in dying that is not the result of external pressure; and**
- e) provide informed consent to receive MAID after having been informed of the means that are available to relieve the patient's suffering, including palliative care.

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# How?

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“Each physician who obtains informed consent from the patient ... **must** ...”

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“meet **with the patient alone** at least once to confirm that his/her decision ... is voluntary”

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# family-ectomy

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# Not unique to Manitoba

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“Confirm that ... request does not arise from coercion or undue influence ...”

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# How?

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“by discussing with the qualified individual, **outside the presence** of any other persons”

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# Is the patient **alone?**

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Increased risk of  
**undue  
influence**

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**BUT**

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Risk **justified**  
by benefits

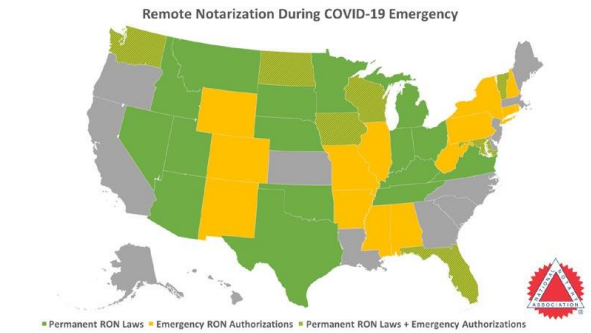
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**NOTARY PRO**  
**CANADA**  
NOTARY PUBLIC & COMMISSIONER

“willingness to sign without duress or intimidation”

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# March 25 Telemedicine Policy

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First verbal requests to consider medical aid in dying can effectively and legitimately be **taken by telemedicine** . . .

Second verbal requests . . . **by telemedicine**

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# Mitigate the risk

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Ask patient to **move the camera** around the room, so you can observe who else might be present

64

That's **enough**  
on telemedicine

65

# Transfers

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67

Macro level

68

Bigger problem in Canada

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| LOCATION  | TOTAL        |             |
|---|--------------|-------------|
|   | No.          | %           |
| Home (patient, family of friend)                        | 1,181        | 93%         |
| Long-term care, assisted living or foster care facility | 68           | 5%          |
| Hospital  | 4            | 0%          |
| Other   | 16           | 1%          |
| Unknown   | 6            | 0%          |
| <b>Total</b>  | <b>1,275</b> | <b>100%</b> |

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Settings in which MAID occurred<sup>1</sup>

|  |                |                |           |            |
|--|----------------|----------------|-----------|------------|
| Hospital                                 | 249 (50%)      | 368 (42%)      | 440 (41%) | 1148 (44%) |
| Patient's home                           | 182 (37%)      | 350 (40%)      | 470 (43%) | 1107 (42%) |
| Long-term care facility or nursing home  | 30 (6%)        | 78 (9%)        | 58 (5%)   | 140 (5%)   |
| Hospice                                  | - <sup>a</sup> | - <sup>a</sup> | 32 (3%)   | 103 (4%)   |
| Other/ <sup>b</sup> Unknown <sup>c</sup> | 37 (7%)        | 79 (9%)        | 86 (8%)   | 114 (4%)   |

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The NEW ENGLAND JOURNAL of MEDICINE

April 9, 2020

growing institutional CBO

75



Call for transparency

76

**Choose** non-CBO in the 1<sup>st</sup> place

(not always possible in rural areas)

77

Clinician level

78

# creativity & zeal

tonight's  
cases

79

## **Analog** in medical ethics

Advocate when insurance  
company denies coverage

80

## Code of Medical Ethics

of the American Medical Association

81

“physicians **must advocate**  
for any care they believe  
will materially benefit  
their patients.”

82

“physician’s duty  
as patient advocate  
**requires . . . challenge**  
to denials of treatment”

83



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**Thaddeus Mason Pope, JD, PhD**

Director, Health Law Institute  
 Mitchell Hamline School of Law  
 875 Summit Avenue

Saint Paul, Minnesota 55105

T 651-695-7661

C 310-270-3618

E Thaddeus.Pope@mitchellhamline.edu

W www.thaddeuspope.com

B medicalfutility.blogspot.com

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# Sharing MAiD Cases

April 21, 2020

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## Disclosure of Financial Support

- This program has received no financial support
- This program has received in-kind support from Dying with Dignity Canada in the form of technical and administrative support
- **Potential for conflict(s) of interest:**
  - All presenters receive in kind support from Dying with Dignity Canada by one-on-one IT support and software use prior to the Webinar
  - Dying with Dignity Canada benefits from hearing from individual clinicians about the current realities of MAiD that will be discussed in this program



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## Mitigating Potential Bias

- An agreement of responsibilities has been signed between CAMAP and Dying with Dignity Canada
- Dying with Dignity Canada ensures that any staff participating in the Webinar for technical support protect the confidentiality of MAiD clinicians and the details of cases presented



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